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જો તમારે આ માહિતી બીજી ઢોઈ ભાષામાં જોઈતી હોય તો, મહેરબાની કરી લેંડેશાયર ક્રિમસ્ટોપર્સનો 01772 412938 નંબર પર સંપર્ક કરો.

यदि आपको यह जानकारी किसी दूसरी भाषा में चाहिए तो, कृपया लैंकेशायर क्रिस्टोपर्स का 01772 412938 नंबर पर संपर्क करें.

ਜੇਕਰ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਆਪਣੀ ਬੋਲੀ ਵਿਚ ਚਾਹੀਦੀ ਹੈ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਲੈਂਕਾਸ਼ਾਇਰ ਕ੍ਰਿਮਸਟੋਬਲਰੀ ਨਾਲ 01772 412938 ਤੇ ਸੰਪਰਕ ਕਰੋ।

که چرے تاسو ته دا معلومات په نورو ژبو کېسه پکار وی نو مهربانی اوکړئ او لنکاشائر کرسټیبلری سره په فون لمبر 01772 412938 باندې رابطه اوکړئ.

若你需要這些資料翻譯成其他語文，請致電 01772 412938 聯絡蘭開夏郡警隊。

اگر آپ ان معلومات کا ترجمہ کسی اور زبان میں چاہتے ہوں تو برائے مہربانی لنکاشائر کرسٹیبلری سے 01772 412938 پر رابطہ قائم کریں۔



- Call Crimestoppers on 0800 555 111 to pass on information about crime
- All calls to Crimestoppers are anonymous
- Crimestoppers is a charity

Keeping safe
on the net...

To contact us:

visit our website:

www.lancashire.police.uk

for further information or for all non-emergency calls please ring:

Tel 0845 1253545

Crime is low in Lancashire...

Let's keep it that way



Lancashire
Constabulary
police and communities together

Using the internet has become part of everyday life. Here are some simple steps you can take to make sure you stay safe online.

In chatrooms

Websites like Facebook, Bebo and Twitter are really popular places for people to chat to friends and meet new ones but you can't always be sure who you're speaking to.

There are things that you can do to use chatrooms safely.

For example;

- Don't give out any personal information like your full name, address or school name
- Remember that people you meet over the internet might not be who they say they are. Some adults may pretend to be children and try and persuade young people to meet with them.
- If situations online become hostile or provocative don't respond to them, log off and surf elsewhere.

There's lots more really helpful information on www.thinkuknow.co.uk so log on now to stay safe online.

Shopping

The internet has already established itself as a worldwide market place where you can buy pretty much anything you want. But lots of people are still not sure how safe it is to use credit or debit cards while shopping online.



Here are some tips;

- Always use secure sites when shopping online. Look for the padlock symbol.
- Always confirm delivery guarantees and check the return and refund policy.
- Always keep back ups and printouts of all online documentation.
- Never disclose your card or bank details as proof of identity or age.
- Only transmit your financial details by secure email i.e. through a secure website or encrypt the message.

Passwords

We are often asked these days to create a password that will allow us to log onto websites, do our banking on line or set up an on-line shopping account.

Here are some tips for password safety;

- Don't ever write your password down;
- Never share your password with anybody;
- Make sure no two passwords you use are the same;.
- Use a combination of upper and lower case letters, numbers and punctuation;
- Avoid entering your password into a computer that isn't your own;
- Change your password at least every 4 months.

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